

Om Sri Sai Ram

Sept 10, 2020

Sairam Beloved Sai Bhaktas,

We are one Sai family and we bow to the Sai in each one of you! We hope and pray that you and your families are doing well. This time of pandemic from a worldly view is challenging and yet from the Spiritual view offers each one of us the opportunity to go inward and turn to our inner SAI!

Our intense yearning for a permanent place for the Dallas Sai Center to conduct all the activities is off to a great start with our Dear Swami's Guidance and Grace. Our intentions are pure in that we are seeking this Prasanthi Dham for the Highest Good of All Sai Devotees. Our objectives have been to follow Swami's teachings and act accordingly at every step.

Baba says, "*Take one step towards Me and I will take a hundred towards you*" and thus our first step has been to work on our inner purification through the **HRUDAYAVASI SAI** (Indweller of the Heart) Group Sadhana 30-minute sessions on Monday nights at 8 p.m. We started this 'Group Sadhana' in May 2020 and the support and feedback has been wonderful!

We are prompted to take the next step and that is through **ANANDA SAI** (blissful experience of Swami) Group Sadhana. Let us take one Precious name at each session and understand the deeper meaning of this name and then all join in chanting Swami's Ashttotharam (108 Precious names of Baba) on Saturday mornings for a 20-minute session starting at 10 a.m.

We seek Swami's continued Guidance and Blessings as we embark on this Sadhana path. We would be honored with your presence in either or both of these Group Sadhana sessions thereby increasing our group vibrations to higher levels. We offer both the **HRUDAYAVASI SAI** and the **ANANDA SAI** Group Sadhana Sessions at the Lotus Feet of Our Dear Guru and Lord - Sri Sathya Sai Baba.

HRUDAYAVASI SAI SADHANA SESSION: MONDAYS, 8.00 – 8.30 PM

ANANDA SAI SADHANA SESSION: SATURDAYS, 10.00 – 10.20 AM

Online meeting information (Zoom Links) to above Sadhana sessions will be sent out each week.

With Loving Regards,
SOULS Executive Committee